

March 25, 2026

To: Benefit Administrators / Human Resource Personnel / Union Partners

From: Brenda Reid
Benefit Services Manager, Employee Benefits

Re: Reminder April 30 Claims Submission Deadline for 2025 Extended Health Care and Dental Claims
Employee Benefit Plans

The April 30 claims submission deadline is approaching quickly. Please remind your employees that all extended health care and dental expenses incurred in 2025 must be submitted to Canada Life **before April 30, 2026**.

Expenses incurred in 2025 that are received after April 30, 2026, will not be considered for reimbursement.

Please post the attached poster in areas that staff frequent, including your internal websites.

If you have any questions about this bulletin, please call a 3sHealth Benefit Services Officer at 1.866.278.2301 (select option 4) or email ebp@3shealth.ca.



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Notice to Plan Members of the Extended Health Care and Dental Plans 2025 Claims Submission

Deadline is April 30, 2026

To be considered for payment, health and/or dental expenses incurred from January 1 to December 31, 2025 must be received by Canada Life or be post-marked **on or before April 30, 2026**.

Please post until April 30, 2026.