

November 9, 2018

To: Benefit Administrators / Human Resource Personnel

**From: Alana Shearer-Kleefeld
Director, Employee Benefits**

**Re: Changes to the 3sHealth Extended Health Care and Enhanced Dental Plan
Effective January 1, 2019**

Effective January 1, 2019, the Board of Trustees approved the below three enhancements to the 3sHealth Extended Health Care and Enhanced Dental Plan. These new enhancements will be applied to all eligible plan members.

- **Psychology and Social Work Benefits** will be increasing from a combined maximum of \$400 per insured person per calendar year to a combined total of \$1,000 per insured person per calendar year.
- **Routine Vaccines** used to guard against common diseases and illnesses such HPV, Meningitis, Shingles and more are now covered for all people that are insured under the Extended Health Care and Enhanced Dental Plan. Please see the attached appendix for the current list of vaccines.
- **Continuous Blood Glucose Monitors** are now accessible under the benefit plan along with the previously existing Blood Glucose Monitors and the Flash Glucose Monitors. Continuous Blood Glucose Monitor uses the interstitial (or tissue) fluid. A sensor is then worn and the glucose readings are transmitted to the monitor continuously over a 24 hour period.

The benefits plan booklets will be updated to reflect these changes. Please share this information with your employees.

If you have any questions regarding this bulletin, please contact Alana Shearer-Kleefeld at Alana.Shearer-Kleefeld@3shealth.ca or 306.347.5599.

Appendix

Current Routine Vaccines Covered

DIN	Drug Name
431648	Pneumovax 23 Vial
466085	M-M-R li Vaccine Vial
514462	Tet & Diph Toxoid Vial Adult
588490	Menomune 10 Dose Vial
615358	Td Polio Adsorbed Adult Vial
1919431	Engerix-B 20mcg/MI Vial
1959018	Menomune 1 Dose Vial
1959034	Act HIB Vaccine
1959042	Imovax Polio Vaccine
1962884	Menomune A/C/Y/W135 200mcg/0.5ml
2224143	Tripacel Vaccine
2230273	Tripacel Vaccine
2230946	Quadracel Vaccine
2231259	Pneumo 23 25mcg/0.5ml Injection
2231267	Ipv Polio Vaccine
2231343	Pentacel Vaccine
2235721	Pedvaxhib Liquid
2238683	Actacel Injection
2238684	Actacel Hybrid Injection
2239208	Priorix Injection
2240255	Adacel Vaccine
2241047	Varilrix Vaccine
2241284	Infanrix-Ipv Vaccine
2243167	Pediacel 0.5ml Injection
2243676	Recombivax Hb Preservative Free Vaccine
2243820	Menjugate Vaccine
2244081	Prevnar Vaccine
2245057	Neisvac-C Vaccine
2245977	Recombivax Hb 40mcg/MI Preservative Free

DIN	Drug Name
2246081	Varivax Iii Injection
2247600	Boostrix Injection
2248029	Pediarix Vaccine
2248649	Meningitec Vaccine Injection
2253852	Infanrix-Hexa 0.5ml Injection
2257122	Infanrix-Ipv/Hib Vaccine
2279924	Menactra 0.5ml Injection
2283190	Gardasil Vaccine
2284413	Rotateq Vaccine
2296454	Engerix-B 10mcg/0.5ml Vial
2297884	Priorix-Tetra Vaccine
2300591	Rotarix Vaccine
2312557	Boostrix-Polio
2315939	Zostavax 19400 Pfu/Vial
2320541	Synflorix Injection
2335204	Prevnar 13 Vaccine
2342227	Cervarix Vaccine
2347393	Menveo 0.5ml Injection
2352044	Adacel-Polio Vaccine
2375516	Zostavax li 19400pfu/0.65ml
2399229	Proquad Vaccine
2402904	Nimenrix Vaccine
2417030	Bexsero Vaccine
2437058	Gardasil 9 Vaccine
2440709	Menjugate Vaccine
2442183	Varizig 125u/Vial Injection
2468425	Shingrix 50mcg/0.5ml Vaccine
2468751	Trumenba Vaccine